

Compass Coaching Module Outlines

Six modules

SET A COURSE FOR CAREER SUCCESS



KD Coaching
Career | Life

Module 1. Valuable You

Take a long look at what makes you tick and what matters most to you

- Identify and prioritise your values
- Explore how your values shape what purposeful, fulfilling, enjoyable work looks like for you
- Check the fit between your values and the way you are living your life

Module 2. Workable You

Audit and evaluate your skills

- Identify your **top** skills - separate the skills you love to use from the ones that drain and deplete you
- Identify your **transferable** skills - earmark the ones you can adapt and apply in new roles and sectors
- Boost your **best** strengths - identify your stellar strengths and learn to boss them to your advantage

Module 3. Future You

Prepare for 'what comes next' - are you 'job search ready'?

- Where are you now? where do you want to be?
- What do you need to do differently to get there?
- Who can help? Which resources and documents do you need to prepare?

Module 4. Marketable You

Put yourself out there - pitch for work with style and confidence

- Nail your 'elevator pitch' - the 30-second wow-worthy description of what you do, who you help, and why this matters
- Star on social media platforms, including LinkedIn
- Grow your network and have career conversations, look for people, not jobs

Module 5. Irresistible You

Interview like a boss - blitz tricky questions, ask intelligent ones, be the irresistible candidate

- Suss out the questions you'll be expected to answer
- Answer without stumbling or 'going blank'
- Make a 'stand out' impression
- Follow up to ensure you stay on the radar

Module 6. Unlimited You

Ditch limiting beliefs

- Check your career mindset - are you fixed or flexible?
- Review untested assumptions
- Get energised by exciting possibilities

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